

Teams and Managers

- Team Intervention & Team Building Training
- Workplace Mediation & Conflict Resolution
 - Management Coaching & Training



Occupational Rehabilitation

- Psychological Assessment & Counselling
- Ergonomic & Work Station Assessment
 - Functional Capacity Assessment
 - Manual Handling Training
 - RTW Case Management



Vocational Rehabilitation

- · Vocational Assessment & Counselling
- Securing Host Placement Programs
 - Redeployment Packages
 - Job Search Assistance



CONTACT

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Offices in Fortitude Valley, Murarrie, Ashgrove, Northern NSW

An Integrated Approach with Experience

OCCUPATIONAL REHABILITATION

Helping employees remain at work whilst managing recovery from injuries or adjusting to long term impacts of health conditions.

Ergonomic and Work Station Assessments to identify risk factors and recommend aids and appliances to facilitate management of health conditions. **Functional Capacity Assessment** utilises industry standardised assessment protocols to assess a worker's functional capacity for work. An FCA determines a worker's abilities over a range of physical demands in order to facilitate functional recovery.

Manual Handling Training to address one of the most common causes of injuries in the workplace, poor manual handling practices. **Psychological Assessment** using computerised objective, multiscale inventory to assess psychopathological syndromes with multiple clinical scales. Assists with providing a diagnosis and the level of dysfunction associated with this diagnosis and identifying suitable employment options or factors that should be considered in employment.

RTW Case Management specialising in complex cases of psychological and physical conditions.

TEAMS & MANAGERS

Mediation & Conflict Resolution

From complex organizational disputes between upper management to on the ground issues between team members and team leaders, our approach works across the range of interpersonal workplace dynamics. You can count on 3DMind Solutions' track record of over 25 years and an enviable success rate in workplace disputes. Conflict Resolution is an informal process to tackle issues before they escalate. Managers may ask for facilitated assistance where they identify that other approaches are not working. Mediation is a consensual formal process to facilitate reaching a mutually satisfactory outcome. It can be utilised before the matter escalates out of hand or at high levels of escalation when a grievance is lodged or if the conflict remains a significant barrier to returning an employee to work.

Team Building & Interventions - we assist dysfunctional teams improve morale, productivity and cohesiveness. We design Team Building around needs and issues identified through a team intervention process to achieve a far greater chance of turning a team around.

Training Packages include:

- Mapping Resilience the Road to Improved Stress Management
- Identifying Mental Health Flags & Next Steps (Exclusive to Managers)
- Managing Office Warfare: Pathways to Resolution (Exclusive to Managers)

Management Coaching - Managers can often be promoted for their technical skills and then find themselves unequipped to handle complex interpersonal challenges. We provide coaching to help with developing advanced communication skills, facilitating organizational change, developing advanced conflict resolution skills and creating an environment where others want to work.

VOCATIONAL REHABILITATION

Assisting our clients with functional, psychological and medical disabilities to overcome barriers to returning to work.

Vocational Assessments and Vocational Counselling using career interest tests to identify competencies, aspirations, activities, skills, and interests in different jobs.

Securing Host Placement Programs using our extensive database of hundreds of employers across a variety of industries or canvassing for specific roles to provide work hardening and gain on the job skills training.

Job Search Assistance including developing resume and cover letter from our specialised suite and interview coaching for handling the tough questions about injuries and conditions.

Redeployment Packages to assist employees with securing alternate work.

